

A photograph of actress Eva Mendes. She is wearing a leopard print dress and a white jacket. Her hair is dark and voluminous. The background is a warm, out-of-focus setting. A red lipstick smudge is visible in the upper right corner.

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eva mendes

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Actress Eva Mendes Shares Encouraging Words

It is very encouraging to hear that someone as beautiful and successful, and as a size-four, Eva Mendes has insecurities and body-issues just like the rest of us. As much as it is shocking, it is just as much an insight on how human our beloved celebrities are. Mendes, is not only humble, but loving. She is willing to inspire women and learn how to feel good about themselves. "It does not matter what you have or what you look like. It is something that everyone has to work with. I realize I have contributed to a certain happy, healthy, empowered image, but that is not all of me. I feel it is important to let women know I have similar struggles. What I tell girls is what they do not like about themselves now, they will probably end up loving as an adult, because that is what happened to me. When I was 13, like my overbite and my mole, that is when you realize that your imperfections are why people love you."

Displaying absolute and steady confidence playing multiple characters in her film career, Mendes, on the outside, appears to be indestructible in her attitude, and her mind. To pull off the sexy attire she is normally caught in, you would obviously have to be. It is surprising to learn Mendes has struggled with self-image, but also comforting.

Another conflict Mendes has dealt with is living in the public eye. In Hollywood, many actresses have to decide for themselves if hiding at home, or facing the relentless paparazzi is right for them. She has never felt the camera man's persistence, until her breakup with George Augusto, Peruvian filmmaker two years ago. The cover of her 8-year relationship was never presented hardly at all by the press before the two parted ways. "I grapple with whether accepting it or fighting for privacy is the right thing to do. "I have led a pretty quiet life, and I am not used to it." Mendes confesses proudly that she may be an actress, but deals in the privacy of a therapist's office with her personal issues, and not in the public arena of the weekly gossip columns. Standing away from the press may actually be helpful to her. Knowing less about someone does not necessarily make it difficult to cheer them on. It reassuringly does not make one less invested in someone we know nothing about.

By human nature, we will willingly want to learn more about that person, but not lose faith in them completely. Sometimes, it is best to know less about the person you are observing on screen, and not so much about their private lives either. Understanding the concept that revealing personal information about her life in order to sell her latest project or movie to the media, is not something Mendes finds easy to do. A woman as gorgeous as her, it is hard to believe even she can not change Hollywood's intuitive order of how things work. But, could she not?

Source: Marie Claire, March 2012. Pages 230 and 329.
Photograph Source: Marie Claire. September 2009.

Zuhair Murad

By Lyn Miller

Zuhair Murad is one of the world's hottest fashion designers. Based in the Lebanese capital of Beirut, his work is heavily inspired by his surroundings. The city's ancient heritage, its people and landscape are all infused in his creations. Above all, Murad's greatest influence is Beirut's effortlessly glamorous women.

When Hollywood's A-list needs to strut the red carpet in style they call Zuhair Murad. Superstars like Beyonce and Eva Longoria regularly make it onto best dressed lists rocking the Lebanese designer's extravagant creations at glitzy showbiz events.

With an eye for opulent fabrics, classically cut and often intricately patterned with jewels, Zuhair Murad has become the go-to-guy for celebrities craving old Hollywood glamour with a modern twist.⁽¹⁾

Jaw-dropping eveningwear was seen at Zuhair Murad's Fall 2012 Haute Couture Collection. Embellishments abound, amid heavenly fabrics, including organza and lace. Zuhair Murad presented exquisite gowns such as the royal blue dress encrusted with jewels and brilliant stones.⁽²⁾



Photo: IMAXtree

While Murad's talent heavily lies on embellishments and luxurious fabrics, for his Fall 2012 Collection he also showed off gorgeous and lively prints enhanced in beauty by the fluidity and movement of the gown's silhouette.⁽³⁾



Photo: IMAXtree



Images – nowfashion.com



Credit: Vogue.it & Getty via www.redcarpet-fashionawards.com

Blake Lively stunned on the red carpet for the worldwide premier of her new movie 'Savages' at Westwood Village.

Dressed in a second-skin Zuhair Murad Spring 2012 Couture nude strapless gown with an intricate black beaded embroidered detail, the actress looked uber sexy channelling old Hollywood glamour.⁽⁴⁾

I'm not likely to ever own one of Zuhair Murad's gowns, but I am delighted by his creations and the feeling of pure joy and inspiring beauty they portray. Take a moment to thrill your senses by viewing the Zuhair Murad Fall/Winter 2012 collection online.



Zuhair Murad.

Sources:

(1)George Webster for CNN; Inside the Middle East, March 12, 2010

(2) & (3) www.thefashionspot.com/runway-news by Regina Domfrocht July 10, 2012

(4)<http://www.redcarpet-fashionawards.com/2012/06/26/blake-lively-in-zuhair-murad-couture-savages-la-premiere/>

Kelly Osbourne's Beauty Advice

As we leave the concept of beauty in the hands of Kelly Osbourne, we continue on a journey, and are taken behind the scenes of our insightful professional world of fashion and fame. If taken step by step, we can learn what we thought would be kept secret forever and never known. The path and stairway to discovery of celebrity secrets and gaining access to a positive self-image may seem new, or scary. However, traveling in perhaps a new direction, is nothing we should not pursue. Categorizing the importance of the skin, clothing, apparel, etc. industries into priority depends delicately on the opinion of one's personal thinking. It has been seen, that some rely solely on appearance, and others typically in all areas of life, or neither any at all. Nevertheless, it is still quite intriguing when someone can find a new ability, or idea from either a well-known, or an unknown source. Celebrities in particular, are rather fathomable, and favorable. Around the globe, researchers and leaders obtain masses of literature to try and match at least half the information and beauty tips we can receive from one famous celebrity.

"There is no such thing as perfection. And just seeing the pressure my friends Kim Kardashian and Kate Moss are under makes me never want to even be the prettiest woman in the *room*. Look in the mirror. Find one thing you like, whether it is that you have long eyelashes or beautiful hands. Start there. Think, 'Well, I have got this, and a lot of other people do not.' You have got to look at what you do have, the tiniest things. Especially since it is the little things that bring you down," says Kelly Osbourne, a woman whom has lived her very life in the eyes of the public.



Image Source: www.contactmusic.com

"I used to get picked on because I do not have a baby toenail, for God's sake! But I just take a moment to look at myself, and I am like, 'Wow, I actually have an alright nose. And people do not realize that underneath my little bit of fat, I actually do have abs. So that is all right.' " As a human, often a number of questions can arise. Does it make it right for people on the outside to judge? Would it be justified to call her a bad person based on her physical appearance? Is she really a horrible being because she does not have a nail on her baby toes? The answer is no.

Although it is hard, Osbourne informs us that we must learn to shut the judging voices off. Not only others, but especially our own. "Yes, it hard. It is a challenge to find the positive sometimes," Osbourne explains.

"It takes me a moment to get there, I am not going to lie. When I wake up in the morning and look in the mirror, and I am just like, 'Oh my God, I look so awful.' I think, Wait. Hold on a second here. I have not worked this hard for this long just to go back to being that person again. It is like having a devil on one shoulder and an angel on the other. I try my best to ignore that devil."

Shutting out other people's judging voices is just as hard to shut off sometimes. It is important to learn and to remember that someone's words, thoughts, opinions, etc. have no meaning if they are expressed in a mean or hurtful fashion. When the media twists something that happened, regardless of the situation, can become offensive or even hurt the star's feelings it is directed to. That is why it matters to shut that negative voice out.

Osbourne speaks about the matter, one she has dealt with in her personal life for several years. "That is what happened with Christina Aguilera and I, which people do not understand. She called me fat for years," says Osbourne. One night on the *Fashion Police* I said, F-- you. Now you are fat too. I did not say I *was not* fat. I said 'Now you know how it feels.' And I am sorry, but I stand by that."

"I make a point on the show never to say anything about anybody that I would not say directly to their face. I am famous, and she is famous; it does not mean that I can not stand up for myself. I took it for ten years and finally decided, 'You know what, I am done.' And that is the last thing I will ever say about it. As for that high school mentality, if you are still hanging around people who are bringing you down, you need to stop and re-evaluate your friends and move on."

"You do not need those kinds of people in your life. If some dumb-girl says you are not beautiful, do not go on her word. What does she matter? Sorry about the language. I know, I am awful like that. But it is all perspective," she says. There is a huge point we can learn from this story, and that is that there is honesty in standing up for yourself.



Article Source: Glamour Magazine. May 2012; pages 76 and 78.

Image Source: www.collegecandy.com

Trend Alert: Green Accessories

By Christine Owens



Secret Peek: Coming Soon!

Source: www.sense-of-detail-louis-vuitton-springsummer-2013-damier-is-in-color

Green with Envy



Louis Vuitton Tote \$212

Down to Earth



Apt. 9, Colorblock Tote Sale \$41.40
original \$69.00 at Kohls.com



Black Label, Cashmere Circle Cardigan
\$1098 at RalphLauren.com



Chaps Cable-Knit Cardigan sale
\$48.30 original \$69.00 at Kohls.com

Trend Alert: Faux Furs

By Christine Owens

We here at *Call Me Glitter, Intl.*, are against cruelty of any kind. So, while we love the fur looks, we can only, in good conscience, present the synthetics. They warm our hearts more fully. These celebrities wear the faux furs with perfect style.



Beyonce and Amerie Chow Source: fashionbombdaily.com; Angelina Jolie Source: amerain.com; Olson Twins Source: stylisminc.blogspot.com



Watch Allison McNamara from FabSugar.com in a video on "How to Wear Faux Fur Vests."



Faux Fur Trapper Hat
\$12.80 @Forever21



Duo-Toned Faux Fur Vest
Was: ~~\$27.80~~ Now: \$19.46
@Forever21



Faux Fur Open Jacket
Cream Color
Was: ~~\$52.80~~ Now: \$36.96
@Forever21

Trend Alert: Animalistic Style

By Christine Owens

While animal prints have been around for a couple of years now, the coup d'etat is to find your own unique piece. The trend is to get some color: yellows, blues, turquoises, reds or violets. Of course, black is always chic.



Kate Moss in a leather trimmed leopard print jacket

Source: Malibu Media; INFGoff; Hector Vallenilla/Pacific Coast News



Source: Her-diamonds.tumblr.com



Nothing says expensive and artistic like a Roberto Cavalli design.

Source: newsduplicate.com



Keri Hilson

All the trends: denim, white pants, blues, animal print, boots, casual hipness.

Source: Getwhitit.com

Get the Look: Animalistic Style

By Christine Owens

Here's a "How to Wear Leopard Prints to Work" slide show from SheFinds.com with advice from Michael Kors and some pieces for less:



Click on the photo to go to the slide show

Source: www.shefinds.com/2012



Animal Print Bomber Jacket \$24
Forever21.com



Abstract Print Skater Skirt \$13.80
Forever21.com



Black Zebra Print Belted Chiffon Dress
\$24 (£15) - desireclothing.co.uk



Charlotte Russe Mary Jane leopard print
pumps. (Charlotte Russe, \$38)

Lauren Conrad



Image Source: Lauren Conrad, Teen Vogue.

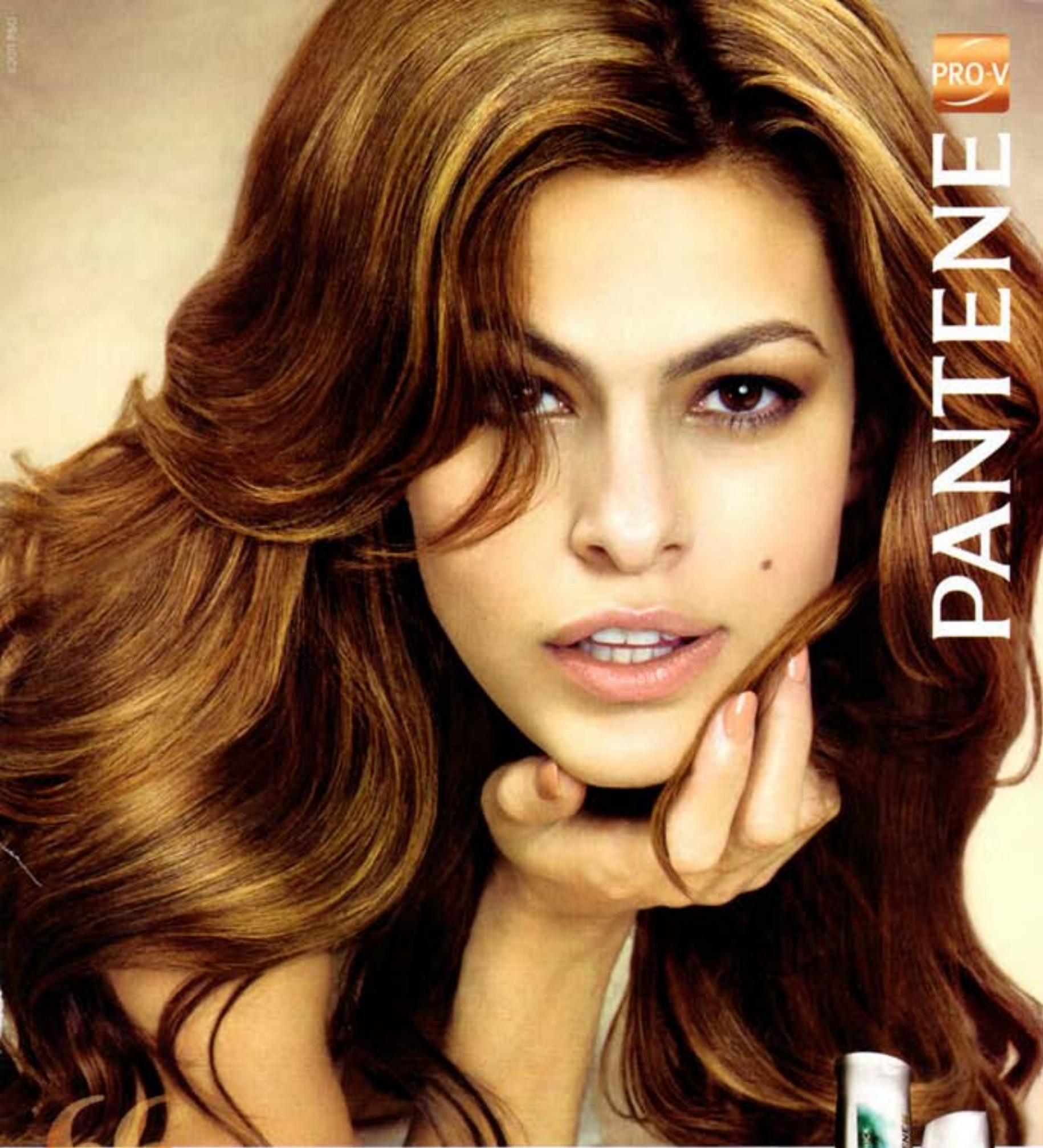
"For me, the best way to stay grounded is to surround myself with friends and family who knew me way back when. There is nothing like cleaning my mom's dishes or taking out the trash to remind me that I am no different than anyone else," says designer and fashion mogul, Lauren Conrad. The young woman is humble, smart, and amazingly chic. Following her attending fashion school, she still never tries to knock people down to get ahead, or by taking the high road. She runs the *Beauty Department* online, has written the bestselling *L.A. Candy* book series, spin-off series, *The Fame Game*, plus style and fashion help guides: *Style* and *Beauty*. Three clothing lines are designed and under Conrad's complete control; Lauren Conrad Collection, LC Lauren Conrad, and Paper Crown. Although she started out on reality show, *The Hills*, Conrad is putting many more additions to her resume these days.

Article Sources:

- 1- Glamour Magazine: May 2012; pages 258, 262,263.
- 2- Seventeen Magazine: March 2010; 98, 101, 103.

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